



# **PHSE**

## **(Personal Health and Social Education) Policy**

**Approved by: H.Schofield**

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## **Introduction**

At SHAPE Alternative Provision, we recognize the importance of Personal, Health, and Social Education (PHSE) in supporting the holistic development of our pupils. This policy outlines our commitment to delivering comprehensive PSHE provision that equips our pupils with the knowledge, skills, and attitudes necessary to navigate their personal, social, and health-related challenges.

## **Aims and Objectives**

The aims of our PSHE provision are:

- A) To promote the emotional well-being and mental health of our pupils.
- B) To develop pupils' understanding of themselves and their identities.
- C) To foster positive relationships and effective communication skills.
- D) To enhance pupils' understanding of social, cultural, and ethical issues.
- E) To provide pupils with the knowledge and skills for healthy living and making informed choices.
- F) To equip pupils with the skills necessary to manage risks and stay safe.
- G) To empower pupils to develop positive attitudes towards themselves and others.

## **Curriculum and Delivery**

The PSHE curriculum at SHAPE Alternative Provision will be comprehensive, balanced, and age-appropriate, covering the following areas:

- A) Emotional well-being and mental health.
- B) Healthy lifestyles and physical well-being.
- C) Relationships and sex education.
- D) Personal identity, diversity, and equality.
- E) Careers, employability, and financial capability.
- F) Keeping safe and managing risks.
- G) Rights, responsibilities, and active citizenship.

The delivery of PHSE will be integrated across the curriculum, as well as through dedicated PSHE sessions during tutor time in the mornings and afternoons, workshops, guest speakers, and external partnerships.

It will be responsive to the needs of our pupils and tailored to their developmental stage and individual circumstances.

## **Staff Training and Professional Development**

All staff members involved in delivering PSHE will receive appropriate training and professional development to ensure they have the knowledge and skills necessary to address sensitive topics, respond to pupil needs, and facilitate engaging and interactive learning experiences.

## **Safeguarding and Child Protection**

Our PSHE provision will be aligned with our safeguarding and child protection policies. Staff will be vigilant for any safeguarding concerns that may arise during PHSE sessions and follow the appropriate reporting procedures to ensure the welfare and safety of our pupils.

## **Consultation and Involvement**

SHAPE Alternative Provision values the input and voice of our pupils, parents/carers, and the wider school community. We will actively seek their feedback and consultation on the development and evaluation of our PSHE provision to ensure it remains relevant and responsive to their needs. We aim to gather this information from a multitude of avenues including: Our online communication platform, letters and phone calls.

## **Monitoring, Evaluation, and Review**

We will monitor and evaluate the effectiveness of our PSHE provision through feedback, assessments, polls and pupil outcomes. Regular reviews of the PSHE policy and curriculum will be conducted to ensure it remains up-to-date, relevant, and aligned with statutory requirements and best practices.

## **Links to External Support Services**

SHAPE Alternative Provision will establish partnerships and links with external support services, such as mental health providers, counseling services, and community organizations, to ensure our pupils have access to appropriate support and guidance beyond the scope of our provision.

## **Equality, Diversity, and Inclusion**

Our PSHE provision will be inclusive and celebrate diversity, promoting respect for all individuals and communities regardless of their background, ethnicity, gender, sexual orientation, or disability. We will actively challenge discrimination and promote equality in all aspects of our PSHE curriculum.

## **Parental Engagement**

We recognize the crucial role of parents/carers in supporting their child's PHSE development. We will actively engage parents/carers through regular communication, workshops, and resources to encourage their involvement and collaboration in reinforcing the key messages and skills taught in PSHE.